

N = Athletics Nelson organising club
W = Waimea Harriers organising club

www.athletics.nelson.co.nz

Athletics

NELSON

SENIOR PROGRAMME

**Athletics Nelson promoting
 running & walking in Nelson**
**Check website for up to date
 information and results**
www.athletics.nelson.co.nz



SEPTEMBER

- 02 Sprig & Fern 10km - Brightwater (W)
- 09 Moutere Inn Relay - Moutere (N)
- 16 Queen Charlotte Relay - Picton
- 23 Club Road Champs - Hope School (W)
- 30 Sprig & Fern 10km - Mapua (W)

OCTOBER

- 04 Turf Hotel 5km Spring Series (N)
- 04 Masters Games 4th - 8th
- 11 Turf Hotel 5km Spring Series (N)
- 14 Beach Cafe - Tahuna Beach (N)
- 18 Turf Hotel 5km Spring Series (N)
- 26 Turf Hotel 5km Spring Series (N)

NOVEMBER

- 05 The Nelson Half**
 Saxton Field (check website) (N)

OTHER EVENTS

- May 06 Hanmer Half Marathon
- June 04 ChCh Marathon & Half Marathon
- June 18 Wellington Full & Half Marathon
- July 30 NZ XC Champs
- Aug 20 Woodbourne Half Marathon
- Sept 02 NZ Road Champs
- Sept 30 NZ Road Relay - Rotorua
- Oct 29 Auckland Full & Half Marathon

APRIL

- 14 Easter Friday 5k & 10k Fun Run/Walk (N)
- 22 Presidents Trophy - Branford Park (N)
- 25 Spooners Tunnel (entry fee) (N)
- 26 Turf Hotel 5km Autumn Series (N)
- 29 Sprig & Fern 10km - Richmond (W)

MAY

- 06 Pub Run - Speight's Ale House (N)
- 13 Wallace Shield 1 - Rabbit Island (W)
- 14 Takaka Hill 9.15am W/10.00am R (N)
- 20 Swan Trophy - Branford Park (N)
- 27 Wallace Shield 2 - Saxton Field (W)

JUNE

- 03 2-Person Relay - Washbourn Gardens (W)
- 10 Wallace Shield 3 - Rabbit Island (W)
- 18 Mid Winter Marathon & Relay - Monaco
- 24 Parker Shield - Happy Valley (N)

JULY

- 01 Dovedale Hill Climb - Wakefield (W)
- 05 Ocean Lodge 5km (N)

- 08 2-Person Relay - Parkers Cove (N)
- 12 Ocean Lodge 5km (N)
- 15 Tasman & Club XC - Branford Park (N)
- 19 Ocean Lodge 5km (N)
- 22 Sprig & Fern 10km - Motueka (W)
- 26 Ocean Lodge 5km (N)
- 29 OK Corral - Brook Street (N)

AUGUST

- 06 Able Tasman - Andrew Barker
- 12 Pub Run - Sprig & Fern Milton Street (N)
- 19 Snowdens Bush - Brightwater (W)
- 26 Dam Run - Maitai Valley (N)

Athletics

NELSON

ATHLETICS NELSON - ROAD & CROSS COUNTRY SECTION
 PO BOX 480, NELSON

MEMBERSHIP APPLICATION FORM 2017

FULL NAME:

ADDRESS:

E MAIL CONTACT: newsletter/reminders

PHONE: (Evening) (Day)

DATE OF BIRTH: AGE:

CATEGORY Male Female Family

Total Subscription \$

Signature (Parent if child)

NOTE: This information is required for our database and that of Athletics New Zealand. The information obtained is confidential and is only used by the Club and Athletics New Zealand for statistical purposes and for providing information to members on athletics-related topics.

Receipt No. Registration No.

Athletics NELSON

PO. BOX 480, NELSON

e mail - athleticsnelson@gmail.com

Patron Barry Hunt

Executive

President Eric Verstappen 548-0322
 Secretary Vern Mardon 548-9993
 Treasurer Vern Mardon 548-9993

Road and Crosscountry Committee

Chairperson Stuart Hague 545-0189
 Club Captain Paul Meeson 546-5098

Club Coach Greg Lautenslager 547-5514
 Treasurer Vern Mardon 548-9993
 Secretary Vern Mardon 548-9993
 Publicity-Radio Vern Mardon 548-9993

Newsletter
 - e-mail Stuart Hague 545-0189
 Membership Peter Hague 546-6769
 Social Convenor Bill Revell 539-1060
 Club Uniform Order on-line see website
 Handicap Selectors
 - Convenor Derek Shaw 548-7537

Historian/Archivist Dave Dawber 547-2549
 Statistics & Race Results
 Stuart Hague 545-0189

visit us at ...

www.athletics.nelson.co.nz

ANNUAL SUBSCRIPTION

(Club fee and ANZ affiliation)

Senior	
Senior Men, Veteran Men	\$120
Women, Veteran Women	\$120
Recreational/Social.....	\$60
Junior	
under 20	\$95
under 18	\$95
under 15 (winter only)	\$40
under 11 (winter only)	\$40
under 07 (winter only)	\$15

Family discounts available

Ages for the above grades are calculated as at 31st December, 2017

Subscriptions due on or before 16 May 2017
 Seniors and Juniors please post to :
 Subscriptions, Athletics Nelson, P.O.Box 480, Nelson

Long training runs and walks are held most Sundays.

You are welcome to join us, with all abilities catered for please inquire about which group to join

Specialist Running Gear for Body and Feet

RUNNING or WALKING
discount to registered club members

call Brett at



84 BRIDGE STREET NELSON
PHONE 545 8060

Athletics NELSON

2017

ROAD AND CROSSCOUNTRY

visit us at ... <http://athletics.nelson.co.nz>

All Runs start at the Venue
2.30pm seniors
 unless otherwise stated
 check website for up to date information

CLUB UNIFORM

Official Club singlet bearing club name and black shorts
 Singlets can be purchased on-line

YOU ARE REQUESTED TO WEAR YOUR CLUB
 UNIFORM ON ALL INTERCLUB RUNS
 AND AWAY EVENTS

Refer to the web site or the Thursday e-mail
 for transport and event details

Even though there are many races on our syllabus,
 members are not obliged to take part in them.

*As a club our object is to provide healthy
 exercise in congenial company.*

Athletics Nelson is
 proudly supported by:



Look how much you get for your subscription...

- ✓ Full membership of Athletics NZ. You are supporting the sport in NZ.
- ✓ Free entry to more than 50 locally organised events annually, and as a registered athlete, free or discounted entry to hundreds of events nationally.
- ✓ Free coaching with trained and certified coaches.
- ✓ discounted entry Nelson Half Marathon
- ✓ Be part of a family - oriented club catering for all runners and walkers, social and competitive, from 6yrs and on (and on and on and on...)
- ✓ The encouragement and friendship of others as we all strive to reach our individual goals - fitness, weight loss, speed, endurance, fun, adventure...
- ✓ Participate free in any of more than 200 organised training runs or walks annually.
- ✓ Experience the widest range of running and walking events organised by any club in the South Island, including road, crosscountry, relay, off-road and mountain events.
- ✓ A subsidy programme is in place to help all athletes, not just the elite, to attend regional and national events.
- ✓ Motivation to have fun and achieve your goals.

Athletics NELSON

PS Subscribe on or before 16 MAY 2017